



zaatar w zeit®

## FRESHLY BAKED *wraps*

All our wraps are handcrafted daily with our freshly baked flatbread upon order. You can customize your wrap by choosing between white, oat, multigrain or spinach flatbreads & either regular or thin.

### ★ **FAMOUS CHICKEN** 14.99

Our national marriage of roasted chicken with melted cheese mix, crisp lettuce, tomato, crunchy pickles & garlic sauce. Love at first bite!

### ★ **HUMMUS & AVOCADO** 12.49

Our signature hummus on spinach flatbread with chili spread, topped with avocado, tomato, olive oil, basil & a mix of grilled eggplant, bell pepper & sesame seeds

### **CHICKEN LIGHT** 13.99

Irresistible chicken topped with tomato, lettuce, pickles & light garlic sauce. Wrapped in our multigrain flatbread

### **SHAWARMA STEAK** 14.99

The taste of a Lebanese street food tradition with our twist: specially marinated tender beef shawarma mixed with tomato, our freshly chopped parsley mix & tahini sauce

### ★ **CHICKEN SHAWARMA** 13.99

Our signature seasoned shawarma chicken with lettuce, pickles, homegrown Fries & garlic mayo sauce

### ★ **CHICKEN TAWOUK** 13.99

Delicious chicken prepared in traditional marinade until tender & flavourful, known as tawouk. Grilled to perfection & paired with crispy thin cut fries, crunchy pickles & garlic sauce. This wrap is a street food hallmark

### **SPIZY CHICKEN** 14.49

Tasty marinated chicken with melted cheese mix, bell pepper, onions, spinach & our popular home-style spizy sauce

### **CHICKEN KEBAB** 13.99

Spiced chicken kebab with lettuce, pickles, tomato, homegrown fries & pepper garlic sauce

### **BEEF KEBAB** 14.49

Mouthwatering beef kebab with chili spread, grilled eggplant & tomato seasoned with hummus tahini sauce

### **MIGHTY KAFTA** 14.49

Delicious ground beef mixed with Mediterranean spices, diced onion & parsley, known as kafta, wrapped with cheese mix, tomato & mayo on top

### ★ **HALLOUMI BACON** 13.99

Our mouth-watering invention! Halloumi cheese paired with crunchy bacon topped with tomato & mayo. Wrapped in our oat flatbread

### ★ **GREEN BAKED FALAFEL** 12.49

Modernizing an original: Delicately spiced falafel mix baked on fresh spinach flatbread & wrapped with tahini sauce, tomato, pickled turnip, fresh mint, lettuce & radish, garnished with freshly chopped parsley mix



# manousheh

Served all day, this item is traditionally for breakfast! The manousheh is our hallmark dish & cultural staple made of freshly-baked flatbread seasoned with your choice of herbs, spices or toppings. It is a national emblem that will surely thrill your senses with new eclectic flavours. Choose between exquisitely regular or thin.



## ★ WILD ZAATAR 7.99

An earthy experience from the Mediterranean mountains: Our version of carefully harvested wild zaatar herb blended with diced onion & tomato sauce. Spread & baked on spot on multigrain flatbread

## CLASSIC ZAATAR 6.49

Authentic ground zaatar mixed with toasted sesame seeds, sumac spice & oil that is spread evenly & baked on spot. This aromatic manousheh will unite your senses with the heart of our Mediterranean streets

## ★ ZAATAR & VEGGIES 8.49

Our classic zaatar with fresh mint leaves, tomato, cucumber & black olives

## ZAATAR & CHEESE 9.99

The best of both worlds: Zaatar on one half & traditional Mediterranean Akkawi cheese on the other

## LAHMEH BI AJJINE (BEEF) 10.49

A classic: Minced beef meat blended with spices, diced onion & tomato, spread & baked to perfection the traditional Lebanese way

## ★ CHEESE 9.99

Choose between Akkawi or Halloumi cheese



## LET'S TALK FLATBREAD!

Made in-house, our flatbread is kneaded & freshly baked upon order. You can customize any item by switching from white to any other type of flatbread below for 1.49

### MULTIGRAIN

### OAT

### SPINACH



# FLATBREAD *pizza*

Soft & tender dough, stretched to perfection into a light & crispy base, smothered in luscious fresh ingredients ready to be savoured. Choose between exquisitely regular or thin.

## ★ **CHEESY KAFTA** 15.99

Delicious ground beef mixed with Mediterranean spices, diced onion & parsley, known as kafta, spread & baked with cheese mix. Topped with tomato & mayo

## **BBQ CHICKEN** 16.99

Barbecue sauce, cheese mix, grilled chicken, fresh mushroom, green bell pepper, coriander & black olives

## **ULTIMATE CHEESE** 14.49

For the cheese lovers! Tomato sauce covered with melted cheese mix

## ★ **MEDITERRANEAN** 15.49

Pesto sauce, mozzarella, zucchini, feta cheese, black olives, hot green pepper, cherry tomatoes, arugula & freshly cut onion with olive oil on top



**CHEESY KAFTA**



**MEDITERRANEAN**

# *rise & grind* ALL DAY BRUNCH!

## **EGGS YOUR WAY** 13.49

3 baked eggs: Sunny side up or Omelette. Served with freshly baked bread, fresh mint, tomato, cucumber & black olives on the side

## **EGG N' CHEESE** 9.49

Fried eggs with melted cheese mix & mayo sauce. Wrapped in our freshly baked oat flatbread

## **KAFTA SUPREME** 11.99

Delicious ground beef mixed with Mediterranean spices, diced onion & parsley, known as kafta, spread on white flatbread & baked with cheese mix. Topped with fried egg, cherry tomatoes, chili paste & mayo. Garnished with arugula & sesame seeds.

**Fulfill your appetite with a larger size topped with 2 fried eggs 16.49**

## **HALLOUMI PAN** 16.99

It's hard to resist our baked halloumi cheese slices. Served with freshly baked bread, fresh mint, tomato, cucumber & black olives on the side

## **LABNEH PLATE (YOGURT CHEESE)** 13.99

Traditional sour cream cheese drizzled with olive oil & served with freshly baked bread, fresh mint, tomato, cucumber & black olives on the side

## **YOU CAN ADD**

Fresh Mushroom	0.79	Chicken	3.49
Bacon	1.75	Cheese	2.49
Egg	1.49	Veggie Plate	3.99
Labneh	1.49		



**KAFTA SUPREME**



**HALLOUMI PAN**

Prices are in CAD and exclude GST

# kickstarters & dips

## ★ LEVANTINE LENTIL SOUP 7.49

A wonderful home-style blend of Mediterranean flavours in your bowl: A Heart-healthy mix of lentils with fresh carrots & vegetables

## GREEN PEA & KALE SOUP 6.99

A healthy & fresh fusion of green peas, kale & vegetables

## TOMATO VEGGIE SOUP 6.99

Blended local tomatoes with fresh celery & vegetables

## FRIES Small 4.99 Large 5.99

Treat yourself with crispy skin on fries cooked to golden perfection. These thin cut fries will let you forget you only ordered one basket!

## FRIES & CHEESE 9.49

Set out on a sensational saga of crispy fries topped with our special melted four cheese mix. Served with sour cream dipping sauce

## YAM FRIES 8.99

Treat yourself with crispy yam fries cooked to golden perfection

## HALLOUMI STICKS 10.99

Embark on an adventure with taste. 4 pieces of breaded halloumi cheese sticks. Served with thousand island dipping sauce

## BREADED CHICKEN 13.99

Enjoy an odyssey of flavour with 4 pieces of breaded chicken strips. Served with our unique honey mustard dipping sauce

## CHEESE BALLS 9.49 **NEW**

Your all-time cheesy hero! 8 breaded pieces of our unique cheese mix & a sprinkle of Zaatar. Served with our iconic thousand island sauce

## GOLDEN WEDGES 7.99 **NEW**

Your ultimate craving! Fried potato wedges served with our signature spizy dipping sauce

## ★ LABNEH DIP (YOGURT CHEESE) 7.99

Traditional Lebanese sour cream cheese made from strained yogurt mixed with sesame seeds & served with cherry tomatoes. Garnished with flaxseed & olive oil



## ★ HUMMUS DIPS

The world's most authentic spread! This super-nutritious & high in fibre dip needs its own national anthem. Enjoy our homemade versions of a national dish anytime & anywhere

### CLASSIC 5.99

Soft cooked chickpeas pureed with tahini sauce & fresh

### SPICY TOMATO 5.99

Classic Hummus combined with spiced tomato spread

### BEET 5.99

Classic Hummus mixed with freshly beetroot



# salads

## ★ QUINOA TABBOULEH 11.99

A light & fresh salad evolution: Enjoy a mix of chopped parsley paired with quinoa, diced tomato, green onion & fresh mint. Best enjoyed with our zesty tomato lemon dressing

## ★ Z FATTOUSH 11.99

Most favourable salad in our heritage! A colourful mix of lettuce, tomato, cucumber, fresh mint, parsley, diced green onion, green pepper & oven baked flatbread crackers. Best enjoyed with our house-made vinaigrette dressing

## ZOOZA 14.49

A bright mix of lettuce, black beans, boiled egg, cherry tomatoes, corn, black olives & tuna. Best enjoyed with mustard vinegar dressing

## ROASTED VEGGIES 12.49

A fresh mix of lettuce & arugula topped with oven roasted carrots, tomato & beetroot slices, green olives, crispy chickpeas & white cheese cubes. Served with tomato balsamic dressing

## SEASONED CHICKEN 14.99

A bed of fresh lettuce & arugula with oven roasted carrots & beetroot, cherry tomatoes, fresh green & red bell pepper topped with our signature grilled chicken. Served with our special honey garlic mustard dressing

## LENTIL FREEKEH 12.49

Nutritious roasted freekeh mixed with arugula, shredded cabbage & carrot mix, red lentils, radish, diced tomato & garnished with chopped mint leaves. Served with lemon balsamic dressing

## CHICKEN KALE 14.49

Kale, dried apricots, flaxseed & grilled chicken. Served with our house-made lemon balsamic dressing

## QUINOA HALLOUMI 12.49

Quinoa, grilled vegetables, beans, peas, slices of cherry tomatoes, topped with grilled halloumi cubes, chia seeds & pumpkin seeds. Served with our unique tomato lemon dressing



ZOOZA

# desserts

As sweet as the smile that these delicious desserts will put on your face. There's nothing simple about the flavours that are sure to make your world a little bit better!

## ★ KENEFEH PAN 13.99

A sizzling delight: melted cheese with knefeh crumbs. Served with sugar syrup & sesame bread on the side

## ★ Z KENEFEH 8.99


A tasteful explosion to say the least! Our modern twist on tradition, home-style sweet sesame flatbread with melted cheese & knefeh crumbs, drizzled with your choice of maple or orange blossom syrup


## ★ CHOCOLATE & BANANA WRAP 7.49

Mmm... Melted hazelnut milk chocolate spread, topped with slices of banana. Nuts are optional

## HALAWAH WRAP 7.99

Sweet sesame based Halawah wrapped in our freshly baked flatbread & drizzled with your choice of:

*Nutella chocolate hazelnut spread* 

*Carob molasses* 



KENEFEH PAN

## DESSERT CUPS



RED VELVET

## RED VELVET 5.49

Luscious red velvet cake with creamy frosting

## CARROT CAKE 5.49

Moist cinnamon flavoured carrot cake covered with soft cream cheese frosting

## ★ MEGHLEH (PUDDING) 5.99

Sweet rice pudding spiced with aromatic anise, caraway & cinnamon. Garnished with shredded coconut, pine nuts, walnut & almond

## CHEESECAKE 5.49

Our famous soft cheesecake with any sweet flavour of your choice: Sweet Strawberry, Apricot Cheer or Very Blueberry

## ★ ASHTALIEH (PUDDING) 6.49

Enjoy a Lebanese childhood favourite! A traditional cream pudding dessert topped with nuts & your choice of maple or orange blossom syrup

## CHOCOLATE MOUSSECAKE 6.49

A delicious mix of chocolate cake & chocolate mousse

# beverages

## HOT

### ★ **ORGANIC COFFEE** (FREE REFILL) 3.49

Enjoy premium organic fairtrade coffee by Republica Coffee Roasters. For dark roast lovers choose "The Perfect Storm" & for medium choose "Diabolique"

### **LEBANESE COFFEE** 5.49

Unfiltered black coffee made of %100 Arabica beans. Available in Regular, Cardamom. Served with house-made energy bite



### ★ **ORGANIC TEA** 4.49

A selection of rare & artisan teas by Silk Road. Choose between: English Breakfast, Earl Grey, Express Chai, Quench, Jade Spring, Sour Cherry, Philosopher's Brew or Angel Water

### **BLOSSOM INFUSION** (CAFÉ BLANC) 3.99

A traditional Lebanese orange blossom infusion with lemon zest that creates a soothing caffeine-free beverage. Served with house-made energy bite

### **ESPRESSO** 3.49

Served with house-made energy bite

### **CAPPUCCINO** 5.99

Served with house-made energy bite

### **LATTE** 5.49

Served with house-made energy bite

Add Caramel or Hazelnut 0.99

Choose Almond milk 1.49

### **AMERICANO** 3.99

Served with house-made energy bite

Add Caramel or Hazelnut 0.99

Choose Almond milk 1.49

## CHILLED

### **ORANGE JUICE** 4.49

### **SMOOTHIES** 4.49

Extreme Green, Mango & Passion Fruit or Raspberry & Cherry

### **ICED TEA** Small 2.99 Large 3.99

### **ICED LATTE** 4.99

Add Caramel or Hazelnut 0.99

Choose Almond milk 1.49

### **FRESH YOGURT** 3.99

Add probiotic strength to your diet by drinking soothing fresh yogurt with a pinch of salt

### **SOFT DRINKS** 2.99

### **CANADA DRY** 3.49

Ginger Ale 355ml

### Single-use items fee:

Paper cup 0.25 • Paper Bag 0.15

### **KOMBUCHA**

PURE + 500ml 5.99

Blackberry Charcoal or Raspberry Lemon

BUCHA BREW 355ml 5.49

Ginger, Passion fruit, Raspberry, Pineapple or Mango

### **SPARKLING BEVERAGE** 3.49

Melograno e Arancia, Aranciata, Limonata or

Aranciata Rossa

### **BOTTLED WATER** 2.49



🌱 VEGETARIAN

🌿 PLANT-BASED

❤️ LIGHT

★ ICONIC

⚡ SUPER-FOOD

🌶️ SPICY

📱 🐦 📷 /zaatarzeitca

WWW.ZAATARWZEIT.CA

**NOTICE:** Consuming raw or undercooked food like meat, poultry or eggs may increase the risk of foodborne illness. Prior to placing the order, make sure to inform the waiter of any food allergies you might have. Our items are prepared in a common kitchen where traces of wheat, milk, eggs, fish/shellfish, nuts, soy, sesame, mustard, celery & sulfite are present. We cannot guarantee any item is safe for a customer with food allergy. We can verify the raw ingredients we add to our recipes but we cannot verify neither ingredients found in manufactured products, nor prevent any cross contamination resulting from the environment. **Beef & Chicken are Halal Certified.**

SEPTEMBER 2022

Prices are in CAD and exclude GST